

# Connecticut Appropriations Committee RBA Template

## Part II, Program/Agency/System Accountability Summary

<p><b>Program/Agency/System Purpose</b> Provides short and long term residential treatment for women with alcohol and/or drug addiction who are pregnant and/or have children. The program allows women to continue treatment while pursuing employment and educational goals.</p> <p><b>Program/Agency/System</b> Women and Children's Substance Abuse Residential Programs</p> <p><b>Performance Measure 1</b></p> <p><b>1. Substance Use: Sobriety</b></p> <p>a) Percent of clients with no substance use (during the 30-day period after discharge)</p> <p><b>Performance Measure 2</b></p> <p><b>2. Safe Housing</b></p> <p>a. Percent of clients who report having safe and stable housing (at the end of the 30-day period after discharge.)</p> <p><b>Performance Measure 3</b></p> <p><b>3. Safe Housing</b></p> <p>a. Percent of clients who report having safe and stable housing (at the end of the 30-day period after discharge)</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <th colspan="2" style="text-align: left;"><b>Key Budget Information</b></th> </tr> <tr> <td>Total Current Program Year Funding</td> <td style="text-align: right;"><b>\$4,089,996</b></td> </tr> <tr> <td>Funding as Percent of All Funding for Population Result</td> <td></td> </tr> <tr> <td>Program Funding As Percent of Total Agency Budget</td> <td style="text-align: right;"><b>less than 1%</b></td> </tr> <tr> <th colspan="2" style="text-align: left;">Funding Distribution</th> </tr> <tr> <td>Total Federal Funds</td> <td style="text-align: right;"><b>\$1,879,822</b></td> </tr> <tr> <td>Total State Funds</td> <td style="text-align: right;"><b>\$1,963,007</b></td> </tr> <tr> <td>Capital Projects Subtotal</td> <td></td> </tr> <tr> <td>Other Funding</td> <td style="text-align: right;"><b>\$ 247,167</b></td> </tr> <tr> <td>Percent of Total Current Funding Contracted to Third Parties</td> <td style="text-align: right;"><b>100%</b></td> </tr> </table> <p><b>Story Behind the Baselines</b></p> <p>CT took the lead in developing guidelines specific to women's specialty programs after recognizing the absence of guidelines either in the literature or in practice across the country. In March of 2006, a research-based outcomes study was implemented based on the principles outlined in the treatment guidelines. The data will be available in March 2007.</p> <p><b>Turning The Curves: What do you propose to do over the next two years and why?</b></p> <ol style="list-style-type: none"> <li>1. Continue to implement Gender Responsive Treatment Guidelines in contracted Residential Programs to ensure programs are responsive to the needs of women.</li> <li>2. Continue to administer the Gender Responsive Assessment Tool to contracted Residential Programs to assess the level at which programs respond to the needs of women.</li> <li>3. Review Outcomes Data in March 2007 to identify opportunities for improved performance.</li> </ol> <p>*Indicates, low-cost, no-cost action steps, including reallocation of existing resources.</p>	<b>Key Budget Information</b>		Total Current Program Year Funding	<b>\$4,089,996</b>	Funding as Percent of All Funding for Population Result		Program Funding As Percent of Total Agency Budget	<b>less than 1%</b>	Funding Distribution		Total Federal Funds	<b>\$1,879,822</b>	Total State Funds	<b>\$1,963,007</b>	Capital Projects Subtotal		Other Funding	<b>\$ 247,167</b>	Percent of Total Current Funding Contracted to Third Parties	<b>100%</b>
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## Connecticut Appropriations Committee RBA Template Part II, Program/Agency/System Accountability

### Program/Agency/System Purpose

Provides short and long term residential treatment for women with alcohol and/or drug addiction who are pregnant and/or have children. The program allows women to continue treatment while pursuing employment and educational goals.

### Program/Agency/System

Women and Children's Substance Abuse Residential Programs

### Contribution to Population Result

- Offers safe and stable housing, treatment and support for women with substance abuse and their children.
- Supports efforts to obtain employment or education, leading to self sufficiency, independence and recovery.
- Referrals made to appropriate services based on identified needs of the children.
- Supports women to maintain or seek to regain custody of their children.
- Offers a heightened sense of hope for the women's role as a mother and contributing member of the community.

<b>Key Budget Information</b>	
Total Current Program Year Budget	<b>\$4,089,996</b>
Funding as Percent of All Funding for Quality of Life Result	
Program Funding as Percent of Total Agency Budget	<b>less than 1%</b>
Budget Distribution:	
Federal	<b>\$ 1,879,822</b>
State	<b>\$ 1,963,007</b>
General Fund	<b>\$ 1,963,007</b>
Capital Project Funds	<b>-0-</b>
Other State Funding `	<b>-0-</b>
Other Funds (Not Federal or State)	<b>\$ 247,167</b>
Percent of Total Current Funding Spent on Direct Service	<b>86%</b>
Percent of Total Current Funding Contracted to Third parties	<b>100%</b>

### Basic Program Facts

- 491 women were admitted to women's specialty residential programs since 10/04
- Nearly twice as many women had stable housing and significantly more women had their children residing with them after receiving residential treatment.

## Performance Measures and Story Behind the Baselines

### Summary of Story Behind the Baselines:

CT has worked closely with nationally recognized experts in the field of Women's Treatment and Services. CT took the lead in developing guidelines specific to women's specialty programs after recognizing the absence of guidelines either in the literature or in practice across the country.

In March of 2006, a research-based outcomes study was implemented based on the principles outlined in the treatment guidelines. Women are interviewed at three months and again at six months following their discharge from one of the Residential Programs and asked questions about their sobriety, employment/education/vocational status, reunification with their children, housing, arrests, and support system. The data associated with these interviews (outcomes) will be available in March 2007.

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#### **1. Substance Use: Sobriety**

- b) Percent of clients with no substance use (during the 30-day period after discharge)

Story Behind Measure 1

Data will be available in March 2007

#### **2. Safe Housing**

- a) Percent of clients who report having safe and stable housing (at the end of the 30-day period after discharge)

Story Behind Measure 2

Data will be available in March 2007

#### **3. Reunification**

- a) Percent of clients who were reunified with their children (by the end of the 30-day period after discharge)

Story Behind Measure 3

Data will be available in March 2007

## Partners and Their Roles

Key partners of the Department and Mental Health and Addiction Services include:

- Contracted service providers - provide stable homes, substance abuse treatment services and referrals.

## DMHAS: Women and Children's Substance Abuse Residential Programs

- Advanced Behavioral Health - provides utilization and case management services.
- The Women's Consortium – provides specialized training and education to providers and case managers.

Collectively, the above partners represent the Women's Services Practice Improvement Collaborative (WSPIC). WSPIC has developed treatment guidelines for Women's Services and Performance Measures.

What do you propose to do to improve performance in the next 3-5 years and why?

4. Implement Gender Responsive Treatment Guidelines across all contracted Residential Programs.
5. Administer the Gender Responsive Assessment Tool to all contracted Residential Programs.
6. Review Outcomes Data in March 2007 to identify opportunities for improved performance.

Appendix A, Data Development Agenda

Appendix B, Link to Budget

Appendix C, Information and Research Agenda

Appendix D, Partners (Optional)

Appendix E, What Works (Optional)